

Finnegan Neonatal Abstinence Scoring Tool (FNAST)

Patient ID: _____ Name: _____ Today's Weight: _____ DOB: _____ Date: _____

Signs & Symptoms	Time	Score	Today's Weight												Comments
			AM						PM						
Central Nervous System Disturbances															
Crying: Excessive High Pitched		2													
Crying: Cont. High Pitched		3													
Sleeps < 1 Hr After Feeding		3													
Sleeps < 2 Hr After Feeding		2													
Sleeps < 3 Hr After Feeding		1													
Hyperactive Moro Reflex		2													
Markedly Hyperactive Moro Reflex		3													
Mild Tremors: Disturbed		1													
Mod-Severe Tremors: Disturbed		2													
Mild Tremors: Undisturbed		3													
Mod-Severe Tremors Undisturbed		4													
Increased Muscle Tone		2													
Excoriation (Specific Area)		1													
Myoclonic Jerk		3													
Generalized Convulsions		5													
Metabolic, Vasomotor And Respiratory Disturbance															
Sweating		1													
Fever < 101 (37.2-38.3c)		1													
Fever > 101 (38.4c)		2													
Frequent Yawning (> 3)		1													
Mottling		1													
Nasal Stuffiness		1													
Sneezing (>3)		1													
Nasal Flaring		2													
Respiratory Rate (> 60/Min)		1													
Respiratory Rate (>60/Min With Retractions)		2													
Gastrointestinal Disturbances															
Excessive Sucking		1													
Poor Feeding		2													
Regurgitation		2													
Projectile Vomiting		3													
Loose Stools		2													
Watery Stools		3													
Score															
Total Score															
Average Daily Score															
Inter-Observer Reliability %															
Initials Of Scorer 1															
Initials Of Scorer 2															

Adapted from Finnegan, L.P., Kaltenbaach. K. The assessment and management of Neonatal Abstinence Syndrome. Primary Care, 3rd editions, Hoekelman + Nelson (eds.), C.V. Mosby Company, St. Louis, MO., pp. 1367-1378, 1992. The FINNEGAN NEONATAL ABSTINENCE SCORE is for the assessment of infants exposed in utero to psychoactive drugs, particularly opioids/opiates. Evaluator should check signs or symptoms observed at various time intervals and add the scores to obtain a total score. Observation of the scores over the time interval provides the progression/diminution of symptoms. Copyright, 2007