

Medication Assisted Treatment (MAT) Resource List

- **Reach Recovery and Integrated Health, Dr. Tom Reach:**
 - (828)-575-2070 – Located at 34 North Ann St. Asheville, NC 28801
 - Website - reachrecoveryhope.com
 - *Does not take any insurance. All self-pay.*
- **National Addiction Specialists (ONLINE):**
 - <https://www.nationaladdictionspecialists.com/>
 - (866)-615-9338 – For those living in TN
 - (757)-785-0500 – For those living in VA
 - NAS Accepts many insurances including:
 - TennCare/ Medicaid, Medicare, BCBS, Amerigroup, United Healthcare, and several others.
- **Nashville Addiction Clinic (ONLINE):**
 - (615) 927-7802 – For those living in TN
 - <https://nashvilleaddictionclinic.com/>
 - This clinic accepts TennCare Medicaid and most commercial insurance plans.
- **ETSU Bristol Family Medicine (Primary Care and MAT):**
 - (423)-989-4050 – Located in Bristol, TN
 - ETSU Bristol Family Medicine accepts these insurances:
 - Most major health insurance carriers, including Medicare and Medicaid.
- **ETSU Health Support Clinic (Specialty Clinic):**
 - (423)-952-6474 – Located at 2 Professional Park Drive, Suite 11, Johnson City, TN, 37604
 - ETSU Support Clinic accepts these insurances:
 - Most Major Health Insurance carriers, including Medicare and Medicaid.
- **New Life Medicine:**
 - (423)-434-6677 – Located in Johnson City, TN
 - (276)-644-9899 – Located in Bristol, VA
 - (276) 409-5922 – Located in Norton, VA
 - (276)-477-1400 – Located in Abingdon, VA
 - New life accepts most major types of insurance including: all forms of Medicaid, United Healthcare, Cigna, and Commercial insurance. They also accept those that do not have insurance.

- **Breakthrough Medical:**
 - (423)-722-3100 – Located in Johnson City, TN
 - Breakthrough medical accepts these insurances:
 - BCBS, Aetna, BlueCare, WellPoint, United Healthcare, Medicare, Medicare Advantage BCBC, and TennCare
- **Highlands Mindcare, PLLC**
 - (423)-764-2165
 - Located at 28 Midway St., Suite 1- Lower Level, Bristol, TN 37620
- **Bicycle Health – Virtual Care for Opioid Recovery (Online):**
 - To schedule an appointment visit - <https://bicyclehealth.com>
 - For those living in North Carolina Bicycle accepts these insurances:
 - Aetna, Blue Cross Blue Shield, Cigna (Currently cannot accept Medicaid in North Carolina)
 - For those living in Virginia Bicycle accepts these insurances:
 - Aetna, Blue Cross Blue Shield, Anthem Blue Cross Blue Shield of VA, BlueCross BlueShield, Cigna, Sentara Health, Anthem Health Keepers Plus (Accepts Medicare and Medicaid)
 - Does NOT Accept TN Patients.
- **Catalyst Health Solutions:**
 - (423)-282-3379 – Located in Johnson City, TN
 - (423)-282-3379 – Located in Bristol, VA (Same # for both locations just mentioned which location you are inquiring about)
 - Catalyst Health Solutions TN Location accepts these insurances:
 - BCBS of TN, BCBS Commercial BlueCare, United Healthcare Community Plan of TN, Amerigroup, United Healthcare Commercial of TN.
 - Catalyst Health Solutions VA Location accepts these insurances:
 - Aetna Better Health of VA, Anthem Health Keepers Plus, Magellan Complete Care, Optima Family Care (Sentara), United Healthcare Community Plan of Va, VA Premier.
- **Fresh Start Medicine (Primary Care and MAT):**
 - (423)-251-6670 – Located at 1700 Pinebrook Dr, Ste 4 Kingsport, TN 37660
 - <https://www.freshstartmedicine.com/kingsport-tn>
 - Fresh Start Medicine accepts these insurances:
 - BSBS, United Healthcare, Wellpoint, Sentara, Cardinal Care, Cigna, Ambetter, Medicare, Aetna, Optum, ChampVA, and TennCare

- **Hopkins Medical Association:**

- (276)-409-5554 – Located in Norton, VA
- (276)-329-1198 – Located in Richlands, VA (Main Office)
- (276)-318-0414 – Located in Pennington Gap, VA
- (276)-494-0230 – Located in Bristol, VA
- (844)-444-6754 – Located in Morristown, TN
- See Website for full list of locations --

<https://hopkinsmedicalassociation.com/locations/>

- Hopkins Medical Association accepts these insurances:

- Aetna, Anthem, BCBS, Cigna Humana, Magellan, Medicaid, Medicare, Molina Healthcare, Optum, Sentara Health Plans, Tricare, Virginia Premier, WellCare, Wellpoint/ Amerigroup (May vary by location what insurances are taken).

- **Overmountain Recovery:**

- (833)-371-0509 – Located in Johnson City, TN

- Overmountain Recovery accepts these insurances:

- Amerigroup TennCare, BCBS, BCBS Medicare Plans, BlueCare TennCare, Cigna, Humana, Molina Complete Care, Optima Health, Virginia Premier, United Healthcare Community Plan/ TennCare, and Traditional Medicare.

- **ReVIDA Recovery:**

- (423)-455-9321 – Located in Johnson City, TN
- (423)-556-3992 – Located in Greeneville, TN
- (865)-412-8090 – Located in Knoxville, TN
- (423)-529-4283 – Located in Chattanooga, TN
- (276)-730-1963 – Located in Duffield, VA
- (276)- 445-8922 – Located in Abingdon, VA

- ReVIDA locations in Tennessee accept these insurances:

- BCBS of TN, United Healthcare, Amerigroup, Medicare, TennCare, Humana, Aetna, Ambetter, Cigna, Farm Bureau Insurance, and Devoted Health Plans

- ReVIDA locations in Virginia accept these insurances:

- Aetna, Anthem BCBS, Optima Health, Virginia Premier, Magellan Healthcare, Molina Healthcare, United Healthcare, Medicare, Humana, and Cigna.

- **Medical Care Clinic:**

- (423)-722-4000 – Located in Johnson City, TN & Bristol, VA (276)-644-9161

- **Watauga Health Care:**
 - (423) 722-8446 – Located in Johnson City, TN
- **Elizabethton Healthcare**
 - (423) 543-2721 – Located at 401 Hudson Dr #5, Elizabethton, TN 37643
- **Dragonfly Behavioral Health:**
 - (423)-588-9978 – Located in Johnson City, TN
 - Dragonfly Behavioral Health accepts these insurances:
 - BCBS, United Healthcare, Cigna, Ambetter, and United Healthcare Advantage Medicare
 - Virginia Medicaid – Magellan VA Medicaid, Aetna Better Health of VA, Optima, VA Premier, VA Premier Elite, VA Premier Elite Plus, and United Healthcare.
 - TennCare – BlueCare TN, WellPoint, and United Healthcare.
- **Step One Medical Associates:**
 - (423) 464-7600 – Located at 3569 West Market Street, Johnson City, TN
- **Appalachian Recovery Care, PLLC:**
 - (423)-758-6744 – Located in Bristol, TN
 - Appalachian Recovery Care accepts most TennCare insurances.
- **First Step Counseling and Primary Care:**
 - (423)-328-8833 – Located in Kingsport, TN
 - (865)-465-7088 – Located in Kodak, TN
- **Kingsport Family Recovery Associates:**
 - (423)-288-0223 – Located in Kingsport, TN
- **Pathway Medical Group:**
 - (423)-573-7284 – Located in Bristol, TN
- **Cedar Recovery (ONLINE & IN Person):**
 - Located in VA, TN:
 - Bristol, Va – (276)-285-3911,
 - (TN) Knoxville East (865)-932-3633, Knoxville South (865)-298-3558, Nashville (615)-680-0110, Lebanon (615)-994-1288, Shelbyville (931)-488-4014, Cookeville (931)-284-4814, Columbia (931)-548-8882, Clinton (865)-855-9311, and Athens (423)-717-2240
 - <https://www.cedarrecovery.com/>
 - Accepts most major insurances including Medicaid and Medicare (check website for specific insurance)
 - *PLEASE NOTE- Self pay is \$250 per week so using insurance is cheaper here.*

- **Morgan Counseling Services**
 - (423) 833-5547
 - Located at 2514 Wesley St Suite 104 Johnson City, TN 37601
 - Do NOT take insurance.

- **Emmaus Medical & Counseling (ONLINE & IN Person):**

- <https://emmausmedicalandrecovery.com>
- Located in:
 - Johnson City, TN – (423)-202-3008
 - Bulls Gap, TN – (423)-393-4146
 - Weber City, VA – (276)-885-0190
 - & Telehealth (see website)

Psychiatric Providers

- **Team Mentation – Derick Reedy, PMHNP-BC, MSN, APRN:**
 - (276)-248-1880
 - Located at 11708 Nickelsville Highway Suite 2, Nickelsville, VA, 24271
- **Open Minds Psychiatry:**
 - (423)-530-3703 – Website: <https://openmindspych.com/>
 - Located in Kingsport and Bristol, TN & Online for those in VA and TN.
 - Accepts most major insurance providers. Check the website for specifics.
- **ETSU Psychiatry:**
 - (423)-379-8120
 - Located at *2 Professional Park Drive, Suite 21, Johnson City, TN, 37604*
- **Dr. John D. Fenley, MD:**
 - (423)-282-1930
 - Located at 302 Sunset Dr #103, Johnson City, TN 37604
- **Dr. Kevin Catney, MD:**
 - (423)-839-1200
 - Located at 4845 W Andrew Johnson Hwy, Morristown, TN 37814

Primary Care Physician that may do MAT

- **Dr. Katie Prosser**
 - (423)-583-0803
 - 1526 Bridgewater Lane, Suite 100 Kingsport, TN

Buprenorphine Practitioner Locator

<https://www.samhsa.gov/resource/dbhis/buprenorphine-practitioner-locator>

- This online resource locator lists physicians who have attained authorization to treat individuals with opioid use disorder (OUD) with buprenorphine. Site visitors can search for physicians authorized to provide OUD treatment with buprenorphine by city, state, or ZIP code.

Emergency/ Crisis Resources

- **988 Suicide & Crisis Lifeline:**
 - Need Help now? Call or Text 988 and press 0 to talk to a trained counselor. You can also chat with 988lifeline.org. Help is available any time, day or night.
 - offers 24/7 judgment-free support for mental health, substance use, and more
- **Woodridge Hospital:**
 - (423)-431-7111
 - 403 N. State of Franklin Rd. Johnson City, TN 37604
 - 24/7 Walk in Crisis Center
- **Frontier Health - Turning Point:**
 - (423)-926-0940
 - 208 E Unaka Ave, Johnson City, TN 37601
 - 24/7 Crisis Stabilization Unit (CSU)
- **SAMHSA National Helpline**
 - 1-800-662-HELP (4357) (also known as the Treatment Referral Routing Service), or TTY: 1-800-487-4889 is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.